



Moreton-in-Marsh Evening WI December 2025 Newsletter

Dear Members

Welcome to our December Newsletter. We hope you are ready for the festive season and enjoy a wonderful Christmas and the very best of wishes to all our members for the New Year.

Many thanks to all our members for your support at our Annual Meeting and especially those who talked about the Groups we have. Please do try and visit the Groups to find out more.

Monday 8th December 2025: Phil Collins will present a talk on 'The History of Pantomine'. Mince pies will be available together with red wine or prosecco or elderflower or water. Refreshment helpers are: Barb B., Pat H. and Sally J.

Monday 12th January 2026: Dr Timothy Brain will present a talk on The Life & Works of Ralph Vaughn Williams.

GROUPS

Book Group – no meeting in December.

 $\begin{array}{l} \textbf{Coffee meet-up} \text{ -} \text{ The next coffee meet up will be at} \\ 10\text{am on Thursday } 18^{\text{th}} \text{ December at the White Hart} \\ \textbf{Royal Hotel. Contact Sue Stockley for more details.} \end{array}$

Craft Group – no meeting in December.

Croquet Group – Please contact Wendy Hardiman/Jo Brooks for more information.

Quiz Group – will meet on Wednesday 10^{th} December at 2pm in the Council Chambers. Contact Jo Brooks for more details.

Singing Group – Our last meeting for this year is Monday 15^{th} December at 2pm in the Council Chambers. New members are welcome. Contact Suzie Heyes for more details.

Strolling Group – no meeting in December.

Solo Sunday Lunch Group – a Sunday lunch meet up *'for those on their own'*. Next meet will be Sunday 7th December at The White Hart Royal. Contact Joyce or Jill for more information.

Textiles Group – no meeting in December.

Walking Group – no walk in December.Contact Diana for more information or if you wish to join the mailing list.

DATES FOR YOUR DIARY - EVENTS

Thursday 15th January 2026 – Post Christmas/New Year meal at Broadway Golf Club. Cost £38 for 3 courses or £30 for 2 courses. There will be a board out

tonight for members to sign up to attend with payment to be made by 12^{th} December. Coach pick up at 12 noon at The Wellington and 12;10 at Redesdale with a 4pm return.

Thursday 23 April 2026 – 10:30-13.00 - Llanthony Secunda Priory visit to include a guided of around 60-90 minutes followed by tea/coffee and cake. Cost £20 to members – board out to sign up

NFWI:

Please note that members can read all NFWI mailings on MyWI. If you have not yet signed up for My WI, which contains a lot of useful information, contact secretary@gfwi.org

From 9th February 2026, the Learning Hub will be reimagined as VIA, a vibrant online platform for WI education – see the article in WI Life page 32-33.

Many Happy Returns to those with birthdays in December: Suzie H., Steph H. and Carol B. and in January: Mary G. and Gwyn D.

Your WI Committee

The WI have had a campaign to 'End Plastic Soup' since 2017 and have had some successes, which can be read about here End Plastic Soup | National Federation of Women's Institutes. However it is clearer than ever that microplastics are everywhere, including in our own bodies and brains. Early studies suggest that people with dementia may have higher than average levels of microplastics in their brains and also that exposure to BPA, such as on most shopping receipts, is associated with lower levels of fertility in men and women. If you want to know more this is a thought-provoking video from Zoe Science & Nutrition Longevity doctor: how microplastics are in your brain, heart, and blood What can we do: Limit exposure in the home - replace plastic utensils and containers with silicone, wood, glass, and never heat food in the microwave in plastic containers. If you use a tumble dryer, make sure it is vented outside rather than inside the home. Use a metal or glass water bottle when out and about rather than a plastic one. Lots more ideas in the video - copy and paste link below.

https://www.youtube.com/watch?v=68tM3m-f 6w&authuser=0